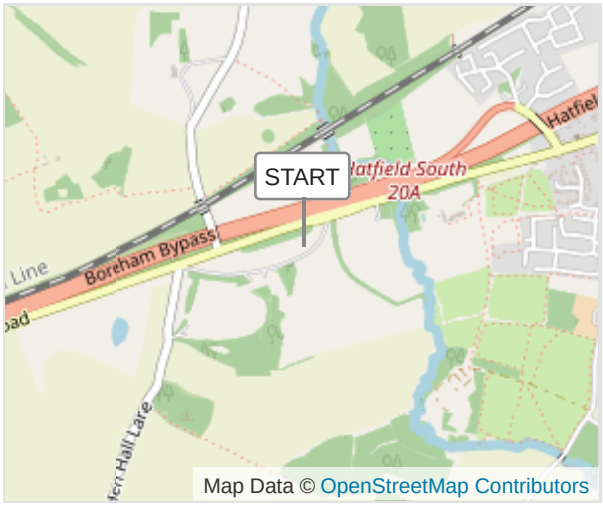
Ride For Helen 30 miles 2026

Helen Rollason **Cancer Charity**

ROUTE INFORMATION

ROUTE LENGTH	33.533 miles
ASCENT	1079 ft
DESCENT	1085 ft
HILLS	↑ 33.8% | ↓ 32.2% | → 34.0%
TERRAIN	Road
START	**LAT:** 51.772073, **LNG:** 0.579357



NOTES

Ride for Helen 2026 30 (33) 30/4/26

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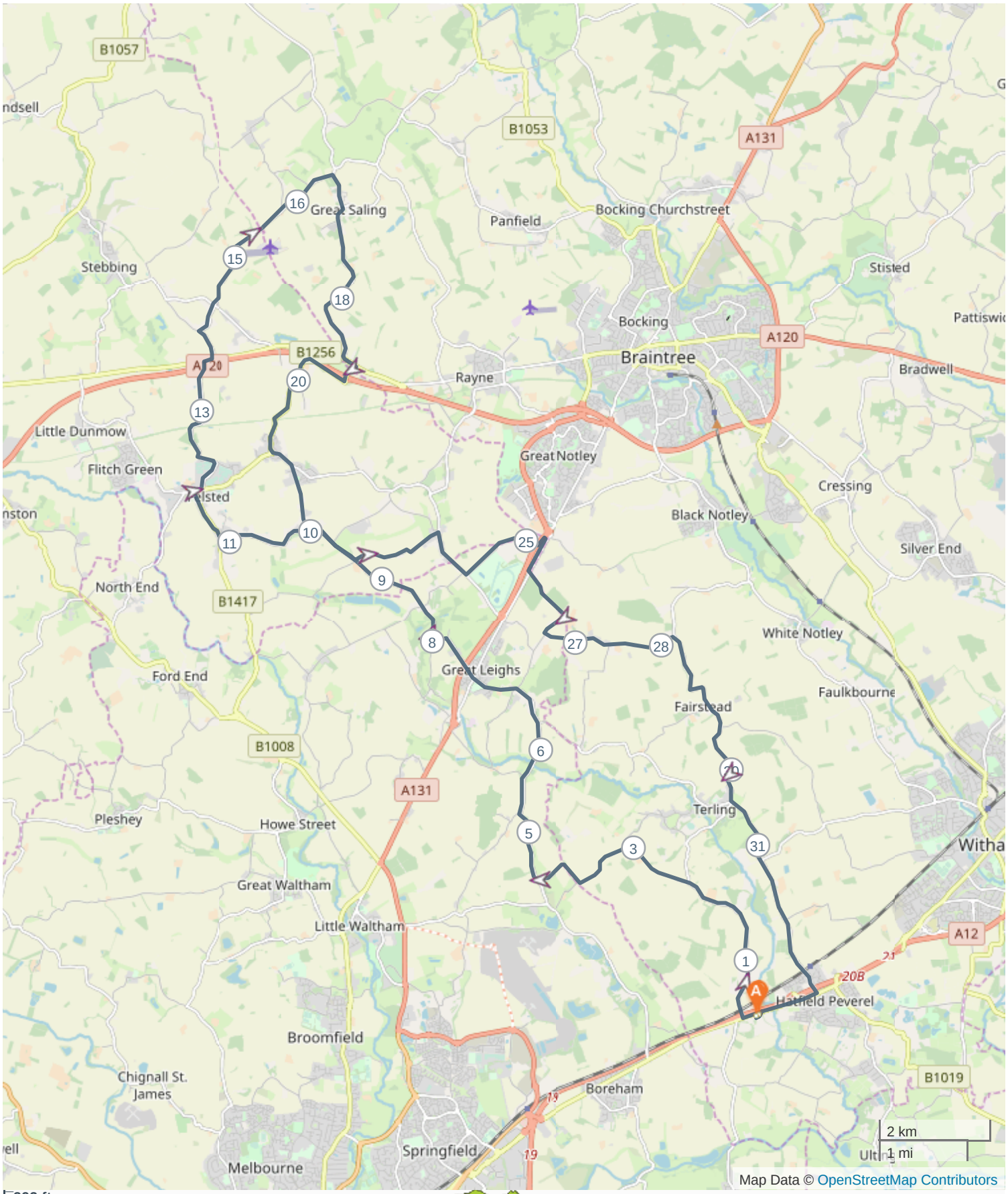

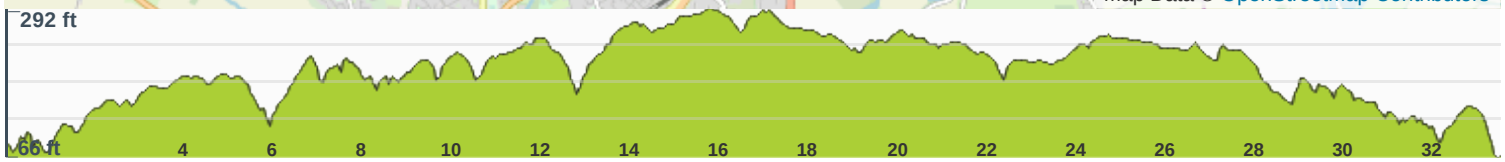

ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.000		Start on
2	0.089	↙	Turn sharp left onto Main Road
3	0.302	→	Turn right onto Terling Hall Road
4	2.235	←	Turn left onto Rolls Farm Lane
5	3.032	←	Turn left onto Noakes Farm Road
6	4.436	→	Turn right onto Boreham Road
7	7.276	→	Turn right onto Main Road
8	7.287	←	Turn left onto School Lane
9	7.403	←	Turn left
10	7.407	←	Turn left onto School Lane
11	11.082	→	Turn left onto Causeway End Road
12	11.096	→	Turn right onto Chelmsford Road
13	11.734	↘	Turn sharp right onto Braintree Road
14	11.818	←	Turn left onto Stebbing Road
15	12.160	←	Turn left onto Stebbing Road
16	12.176	↖	Turn slight left onto Stebbing Road
17	13.562	→	Turn right onto Dunmow Road
18	13.660	←	Turn left onto Warehouse Road
19	14.020	↗	Turn slight right onto Porters Hall Road
20	16.507	→	Turn right onto Newpasture Lane
21	16.527	↗	Turn slight right onto Bardfield Road
22	16.889		Keep right onto Bardfield Road
23	18.826	↖	Keep left onto Bardfield Road
24	18.848	↖	Turn slight left onto Dunmow Road
25	19.009	→	Turn right onto Braintree Road
26	19.220	↘	At roundabout, take exit 1 onto Braintree Road
27	20.925	←	Turn left onto Rayne Road
28	21.179	↗	Keep right onto Cock Green Road
29	21.818		Keep left onto Cock Green Road
30	21.923	↖	Turn slight left
31	22.562	←	Turn left onto Evelyn Road
32	23.600	↘	Turn sharp right onto Main Road
33	24.185	←	Turn left onto Blackley Lane
34	25.296	→	Turn right onto London Road
35	25.698	←	Turn left onto Lynderswood Lane

No	Miles	Turn	Directions
36	26.370	→	Turn right onto Mill Lane
37	26.661	←	Turn left onto Ranks Green Road
38	28.172	→	Turn right onto Fairstead Road
39	30.415	←	Turn left onto Hatfield Road
40	32.840	↘	Turn sharp right onto The Street
41	33.502	←	Turn left
42	33.559		FINISH